

Healthcare Leadership, full-time

How to create your own study plan and register for courses



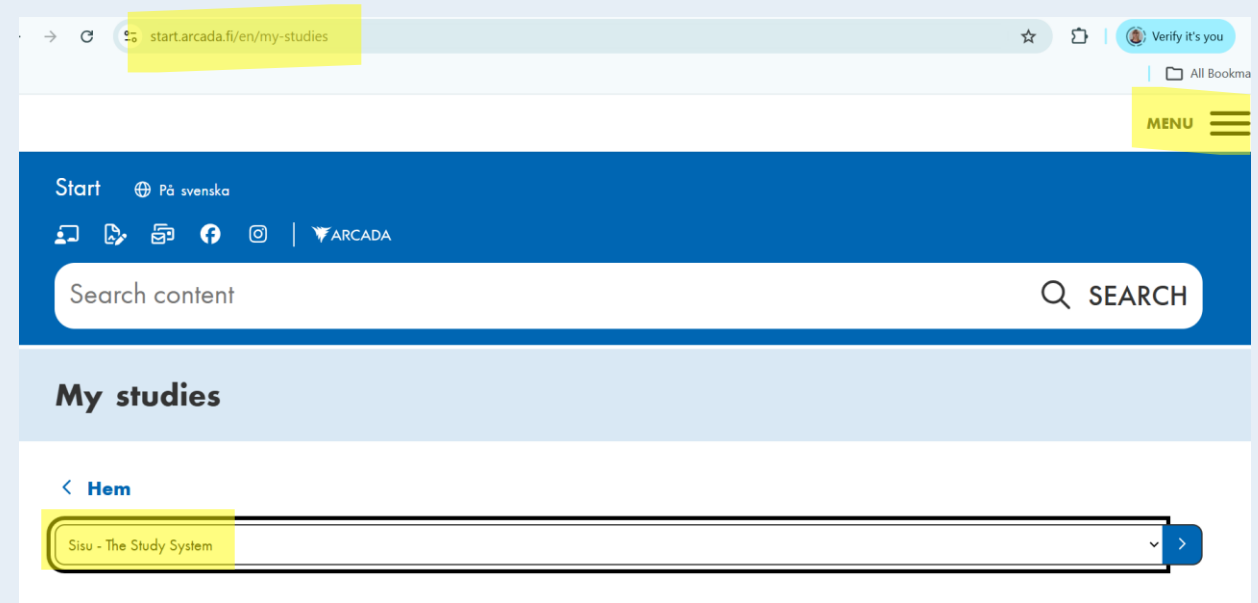
Get started with Sisu

- Check your personal information
- Create a study plan
- Enrol to courses
- Add courses to your study plan

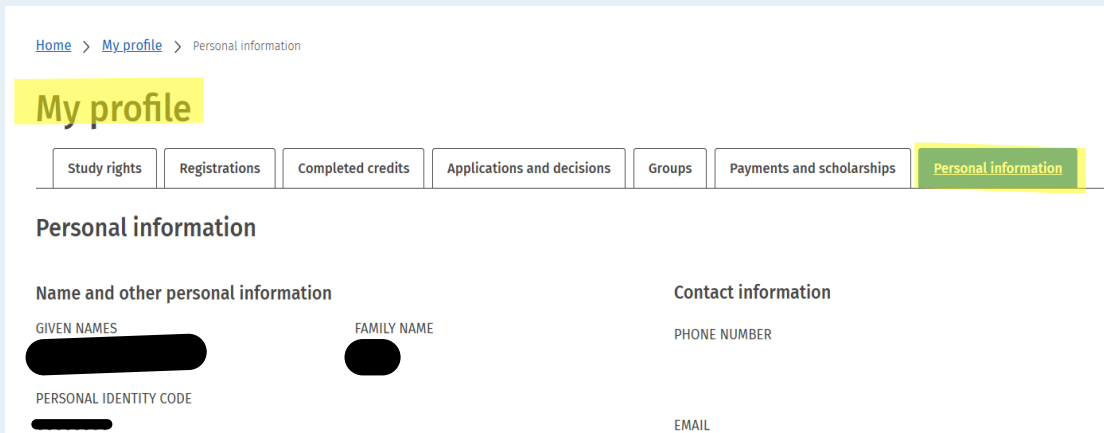
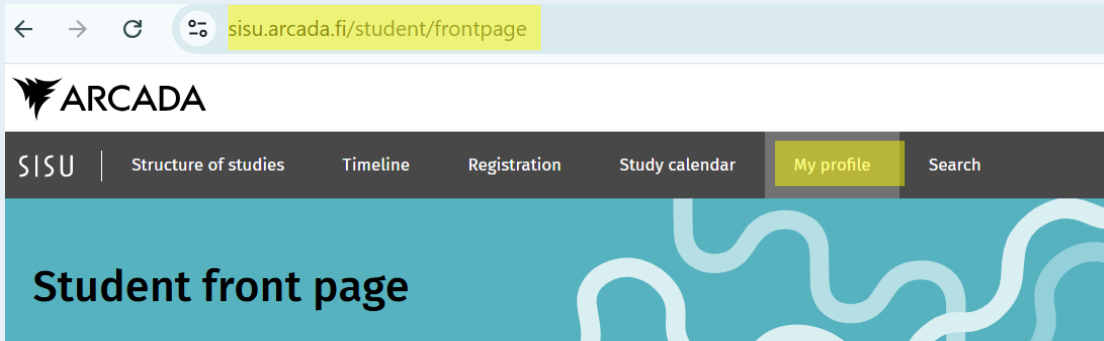
Information on start.arcada.fi

- All information you need for your studies can be found in Start, but the most central features are listed in this presentation.

For more instructions, go to:
Start -> My studies ->
[Sisu – the study system](#)



Check your personal information

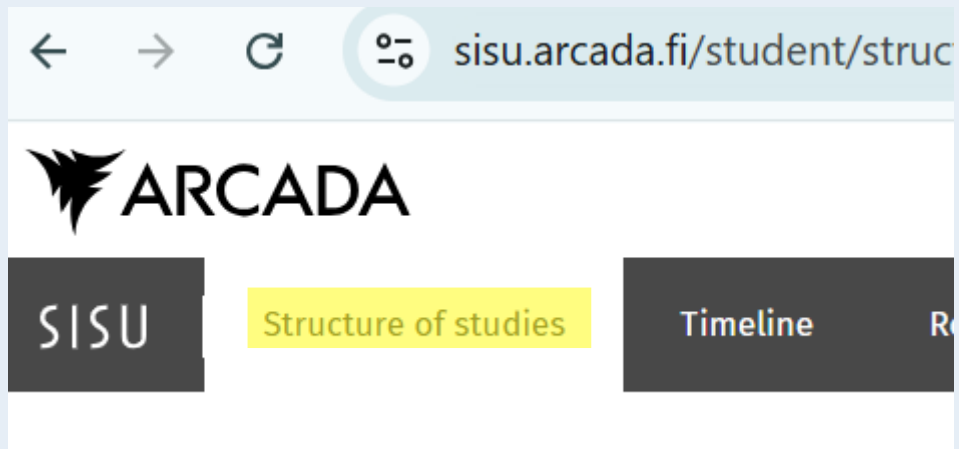


- Go to sisu.arcada.fi on the frontpage you can see different tabs, go to **My profile**

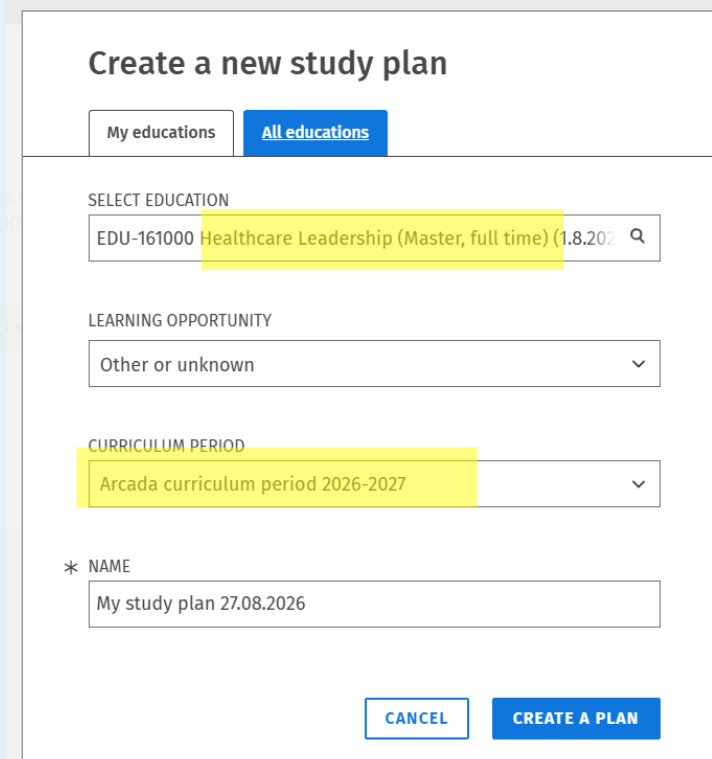
under My profile you have different tabs again, go to **Personal information** check that all is correct

Create a study plan – Part-time

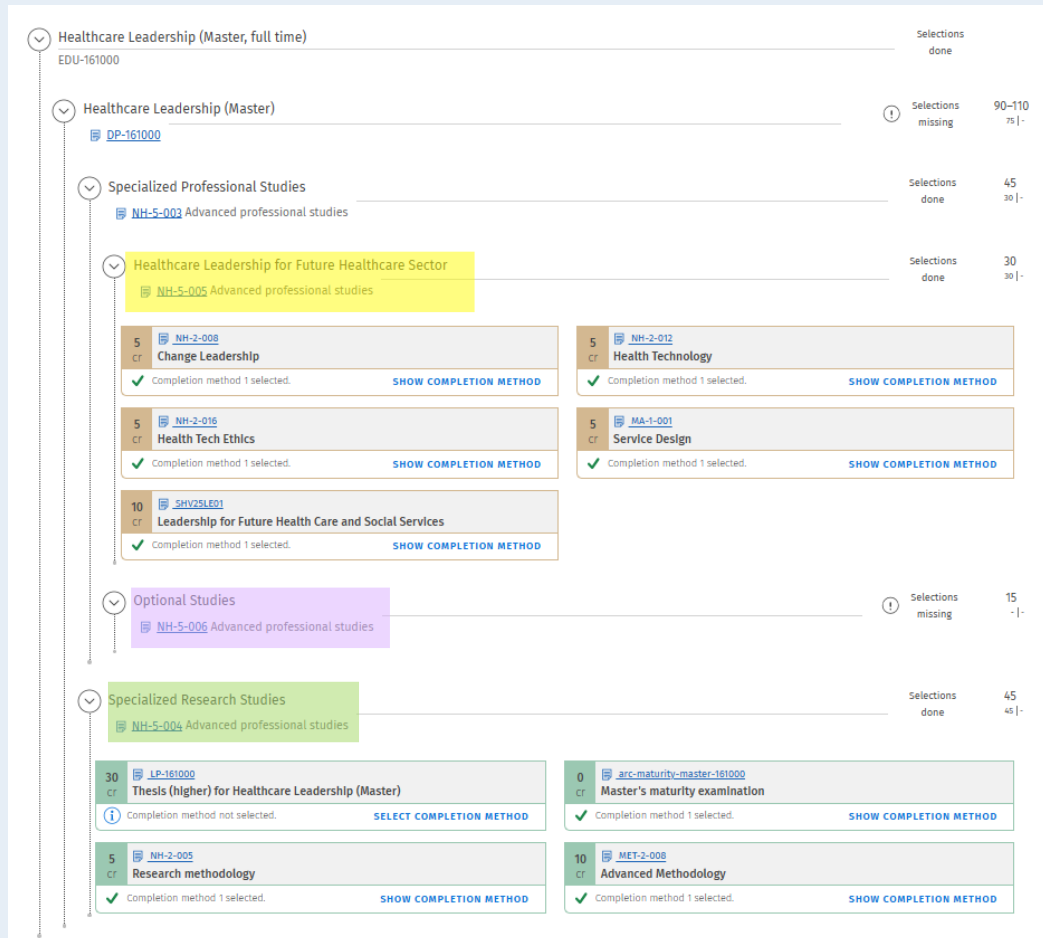
- Go to sisu.arcada.fi on the frontpage you can see different tabs, go to **Structure of studies**



- Let Sisu create a new study plan for you, you can keep the name Sisu suggests, or rename it, it is up to you

A screenshot of a web form titled 'Create a new study plan'. It has two tabs: 'My educations' and 'All educations' (selected). The form contains several fields: 'SELECT EDUCATION' with a dropdown showing 'EDU-161000 Healthcare Leadership (Master, full time) (1.8.202' (highlighted in yellow); 'LEARNING OPPORTUNITY' with a dropdown showing 'Other or unknown'; 'CURRICULUM PERIOD' with a dropdown showing 'Arcada curriculum period 2026-2027' (highlighted in yellow); and a required field '* NAME' with the text 'My study plan 27.08.2026'. At the bottom right are 'CANCEL' and 'CREATE A PLAN' buttons.

Your study plan is now created



The screenshot displays a study plan for 'Healthcare Leadership (Master, full time)' (EDU-161000). The plan is organized into several modules, each with a list of courses and their credit values. The 'Specialized Professional Studies' module is highlighted in yellow, and the 'Optional Studies' module is highlighted in purple. The 'Specialized Research Studies' module is highlighted in green.

Module	Course	Credits	Status
Specialized Professional Studies	NH-2-008 Change Leadership	5	Completion method 1 selected.
	NH-2-012 Health Technology	5	Completion method 1 selected.
	NH-2-016 Health Tech Ethics	5	Completion method 1 selected.
	MA-1-001 Service Design	5	Completion method 1 selected.
Optional Studies	SHV2SL01 Leadership for Future Health Care and Social Services	10	Completion method 1 selected.
	NH-5-006 Advanced professional studies	-	Selections missing
Specialized Research Studies	LP-161000 Thesis (higher) for Healthcare Leadership (Master)	30	Completion method not selected.
	arc-maturity-master-161000 Master's maturity examination	0	Completion method 1 selected.
	NH-2-005 Research methodology	5	Completion method 1 selected.
	MET-2-008 Advanced Methodology	10	Completion method 1 selected.

You have **5 courses** in the first module

No selections are yet made for the **Optional studies** module

And 2 courses, the Master Thesis and Maturity examination in the **research module**

Courses for Healthcare Leadership autumn

All courses for the Healthcare Leadership program are listed in [Start -> Programmes -> Healthcare Leadership -> Current courses](#)

For autumn semester enrol to these courses:

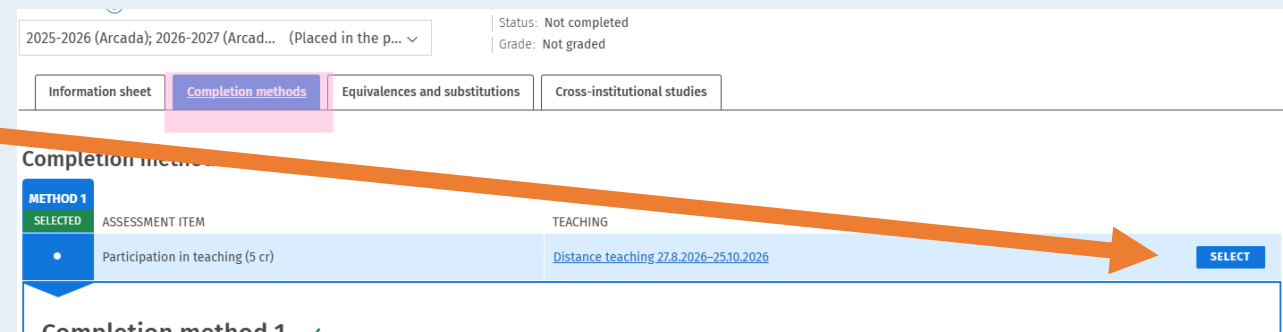
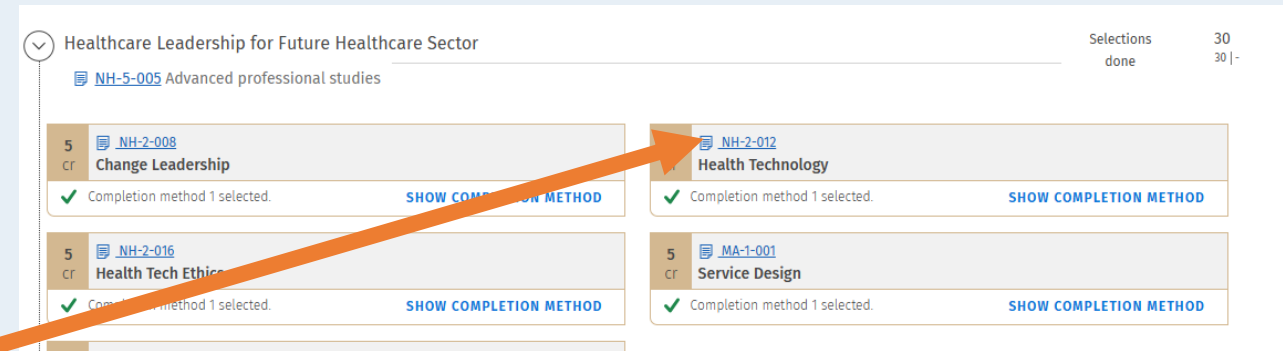
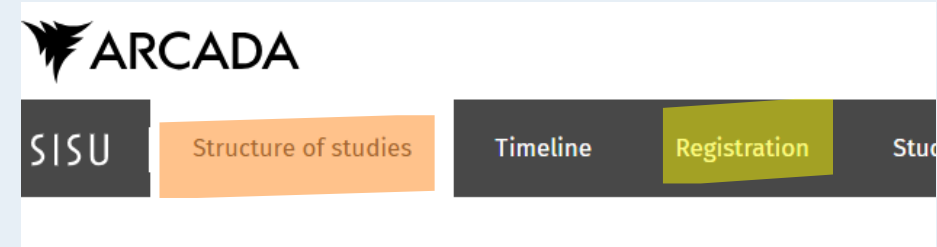
NH-2-012 Health Technology (5 cr)

NH-2-003 Healthcare Leadership (10 cr)

NH-2-005 Research Methodology (5 cr)

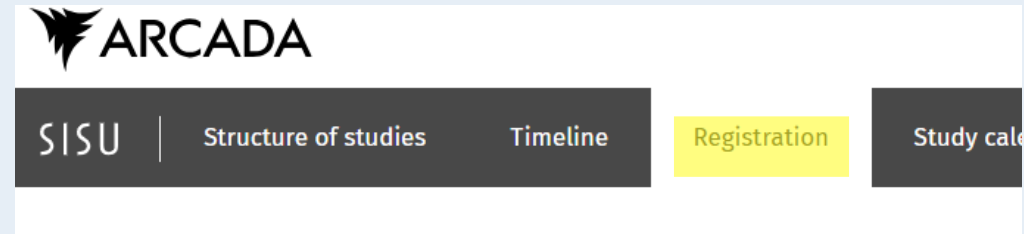
Enrol to courses (1/2)

- The fastest way is to enroll through your study plan. Go to the study plan you created, in tab **Structure of studies**
- Start by clicking on a course code shown in blue
- Go to tab **Completion methods** and click **SELECT**
- And after this you need to go to the tab **Registration** (see next slide)



Enrol to courses (2/2)

- To enrol to the course, go to **Registration**
- Find all courses you have selected, and click the tab **REGISTER**
- As a last step, click on the tab **CONFIRM**
- Follow the same steps for the other courses



Register (2)

[Health Technology, NH-2-012, Distance teaching \(5 cr\)](#)

 27.8.2026–25.10.2026

[Open registration details](#)

 Registration starts on 10.8.2026 at 00.00
Registration ends on 30.8.2026 at 23.59

REGISTER

 [Remove course implementation selection](#)

COURSE INFORMATION

NAME	LOCATION	TEACHER
have not been specified	Location has not been specified	Jan Nâls, Lotta Eronen, Pamela Gray

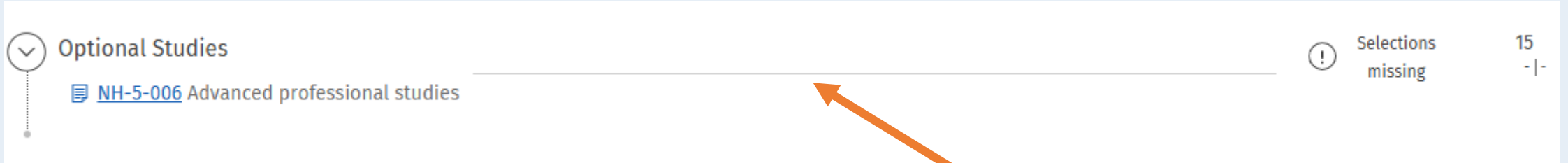
CANCEL

CONFIRM

Add courses to your study plan (1/2)

- All courses are already in your study plan, except for your **free optional studies**.

At this point you don't need to add any courses in this module. You will get more information on optional studies at the introduction day. For you who study **full-time**, it is recommended that you take one optional study during the autumn semester.



Optional Studies

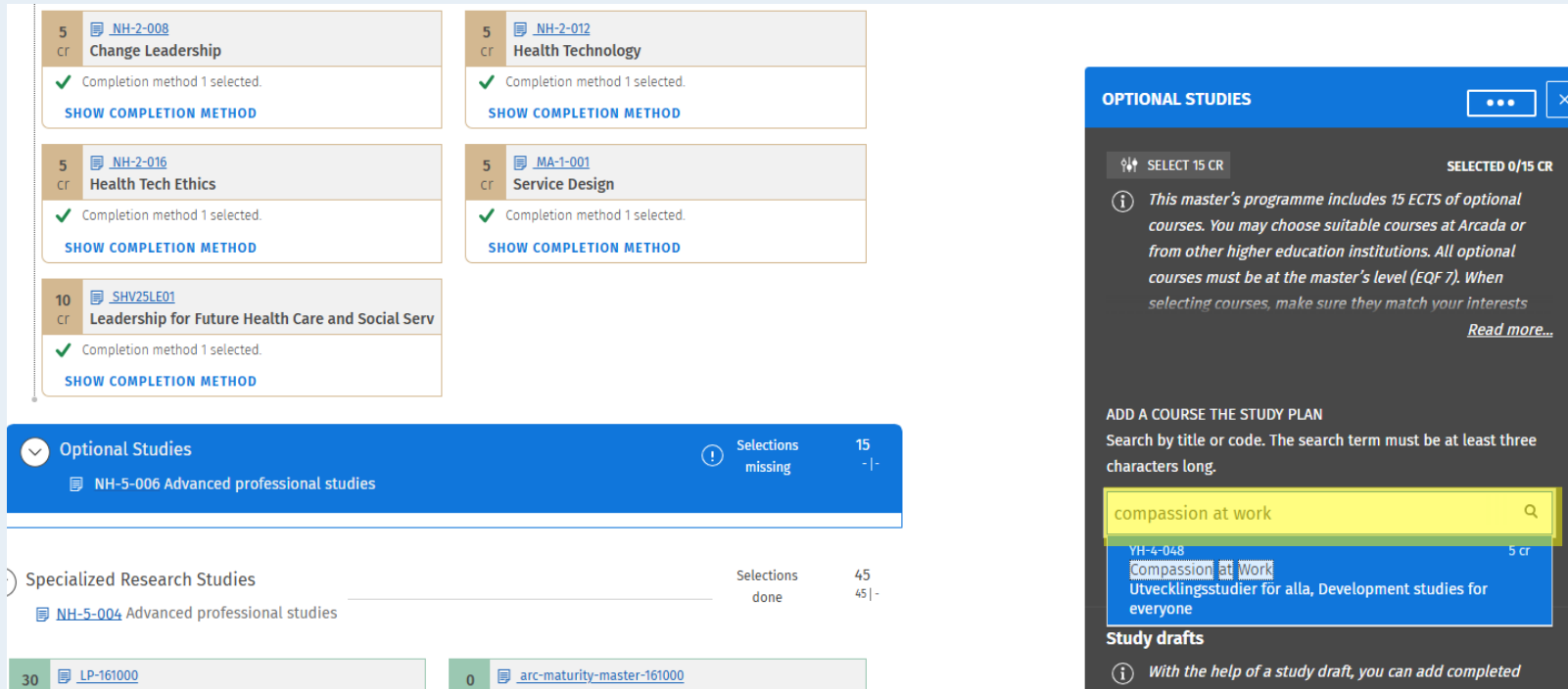
 [NH-5-006](#) Advanced professional studies

Selections missing 15

- You can add courses to the module by clicking on the **line**.

Add courses to your study plan (2/2)

- A new window opens to the right, when you click on the line



The screenshot displays the Arcada study plan interface. On the left, a list of courses is shown with their credit values and completion status. Below this, a blue bar indicates 'Optional Studies' with a dropdown arrow and a status 'Selections missing 15'. Further down, 'Specialized Research Studies' shows 'Selections done 45'. At the bottom, two more course entries are visible: 'LP-161000' (30 cr) and 'arc-maturity-master-161000' (0 cr).

On the right, a window titled 'OPTIONAL STUDIES' is open. It features a search bar with the text 'compassion at work' and a magnifying glass icon. Below the search bar, a list of search results is shown, including 'YH-4-048' (5 cr) and 'Compassion at Work' (Utvecklingsstudier för alla, Development studies for everyone). The window also includes a section for 'Study drafts' with a note: 'With the help of a study draft, you can add completed'.

To find courses, use the **search function**. Type in name of course, course code, or key word to find options. Here, as one option, this course, *Compassion at work* has been used

More recommended courses are listed here:
[Free electives for master students](#)

Free elective (optional) courses

- The Optional studies allows you to select elective courses to broaden your competence in a field of interest. The chosen course should be relevant for your studies in healthcare and has to be on EQF7 level (master's level)
- You can choose relevant courses at Arcada or any other higher education institution. [See more information on Optional studies/Free electives on Start.](#)