

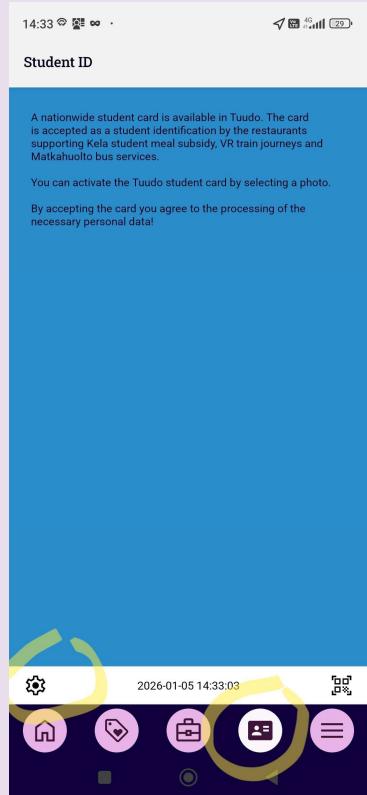
# Who am I?

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- Laurits Møller
- International Student Advisor
- 0294 282 560
- [laurits.moller@arcada.fi](mailto:laurits.moller@arcada.fi)
- Room C244 in the Library
- <https://start.arcada.fi/en/study-support/for-international-students>



# Student discounts



## Student card

- Activate your student card in the **Tuudo app** now if you haven't done so already

## Student lunch

- Show your Tuudo student card at any university canteen in Finland to get a subsidised lunch

## HSL public transport

- 40 % discount on 14/30 day tickets
  - HSL app
    - requires Finnish bank account
  - or
  - HSL travel card
    - Go to the HSL Service Point in Pasila and show them your Tuudo student card

# Finnish Student Health Service

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- As a student you are entitled to use the health care services of FSHS for free
- <https://www.yths.fi/en/>
- There is a compulsory fee of 35.35 € per term, that all students must pay.
- Deadline for the spring 2026: **15 March**
- You can pay for Autumn 2026 at the same time if you want
- <https://www.kela.fi/student-healthcare-fee-higher-education>



## CONTACT US

via SelfChat or a service form in the  
Self

online service or by phone.

**General and mental health**

+358 46 7101073

**Oral health** +358 46 7101085

# Arriving in Finland

- Get a residence permit
- Fly to Finland
- DVV registration
  - Fill out online form
  - Book appointment
- Apply for a Kela card
- Apply for ID card
  - At the police station
- Open bank account





**arcada.fi**

## **Access to campus**

- The Arcada building is open during weekdays, but to get access to the classrooms or during the weekend you need to install and activate the **HID Mobile Access** app
- Instructions:  
<https://start.arcada.fi/en/arcada-uas/campus/access-to-campus>

# Use information about Finland

## Info Finland

- <https://www.infofinland.fi/>

## International House Helsinki

- <https://ihhelsinki.fi/>
  - <https://ihhelsinki.fi/guides-and-resources/>

## Information for international students at Arcada

- <https://start.arcada.fi/en/new-student>



# Questions

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[arcada.fi](http://arcada.fi)