

Degree requirements for bachelor's degree in social services and health care with awarded qualification Bachelor of Health Care (210 ECTS)

General competence objectives for the education

Nursing studies lead to a nursing degree with a focus on independent and responsible work, established in the competence of caring science. The education is based on Europe's renewed directive 2015/55 / EU, Parliament and Council on the Recognition of Professional Qualifications. The Nurse's profession includes the following areas of expertise and competencies: - Client Centered Care, - Ethics and Professional Care, - Leadership and Entrepreneurship, - Clinical Care, - Evidence-Based Activities and Decision Making, - Tutoring and Educational Skills, - Promoting Health and Abilities, - Social and Health Care environments and the quality and safety of social and health services.

The student is able to develop methods for evidence-based care work and contribute to the development of health care in Finland and globally. Students can participate in multi-professional teams and in projects as experts, participate in the development of health technology and participate in innovations in E-Health and Robot Development. The student is a representative of the broad-based healthcare service as a clinical expert and has the skills to educate themselves as teachers, leaders and researchers.

The structure of the studies / Please note that Arcada UAS has the right to change names of courses listed in each module below or replace courses within modules.

Basic studies (60 ECTS)

GENERAL BASIC STUDIES (30 ECTS)

LANGUAGE (15 ECTS)

Core competence

Students who have an international educational background should be able to work professionally in different linguistic situations within various caring contexts. You need to customize your language to varying communication situations and have the tools and conditions for developing your communication skills. If the student has Swedish or Finnish as a mother tongue, the competency requirements required by public employees must be fulfilled by law (424/2003, 6§).

The study module consists of the following courses

Nursing Swedish 5
Nursing Finnish 5
Professional English 5

SOCIAL DEVELOPMENT ORIENTATED MODULE (15 ECTS)

Core competence

The student develops basics to become goal-conscious and independent in his learning and in his career development. The student learns to critically analyze his or her world, both globally and with respect to the individual organization. This is in order to promote sustainable social development. The student develops a basic understanding of the relationship between human and society to promote health and well-being. The student understands the importance of communicative and social skills as well as ethical reflection in human-oriented professions. The student recognizes the potential for influence and how they can contribute to service development in social and health care and sports.

The module consists of the following courses

Introduction to University Studies	5
Society and Legislation	5
Leadership and Service Design	5

Profession-specific basic studies (30 ECTS)

HEALTH PROMOTION, PATIENT SAFETY AND EVIDENCE-BASED NURSING (30 ECTS)

Core competence

The student possesses a clear understanding of her/his professional role and has the ability to grow to become a professional nurse. The student works in a health-promoting manner focusing on patient safety. The student masters the basics of clinical care and understands the structure and function of the human body and the basics of illness and disease. The student is able to use concepts and ideas from caring sciences and learns to apply evidence-based knowledge in different clinical contexts.

The module consists of the following courses

Anatomy and Physiology	5
Health Care and Health Promotion	5
Medication administration and Patient safety	5
Clinical Care I: Basic Clinical Care	5
Clinical Care II: Medical and Surgical Care	5
Medicine I	5

Professional studies (90 ECTS)

Professional studies are occupational studies covering the subject itself, focusing on evidence-based healthcare, health technology, service development in various healthcare contexts as well as client centering and multidisciplinary collaboration in the social and health care sector.

CLINICAL COMPETENCE (35 ECTS)

Core competence

The student demonstrates sufficient knowledge and skills to function in different nursing contexts, with patients of different ages, from different cultures and with different problems and health problems. The student can analyze, interpret and apply knowledge from medicine and natural sciences in the patient's care process. The student can identify developmental needs in the healthcare field, as well as actively and systematically seek and acquire research-based knowledge to develop healthcare.

The module consists of the following courses

Clinical Care III: Anesthesiology and Intensive Care	5
Medicine II	5
Clinical Care IV: Home Care and Outpatient Care	5
Clinical Care V: Care of Women and Children	5
Nursing Ethics	5
Clinical Care VI: Crisis, Addiction and Emergency Care	5
Clinical Care VII: Psychiatric Nursing	5

(Simulation exercises worth 5 credits are embedded in the module)

PROFESSIONALISM AND PERSON-CENTERED CARE (55 ECTS)

Core competence

The student can care for patients, assess and prioritize care needs, and document data structured according to different classifications, computer systems and control lists. The student can create care relationships and support a patient or client in crisis. The student can master the principles of preventive care. The student can plan, implement and assess safe drug treatment in the care of various diseases.

The module consists of clinical practice

Clinical Practice: Basic Care	5
Clinical Practice: Internal Medicine and Surgical Care	15
Clinical Practice: Home Care and Optional Care	15
Clinical practice: Psychiatric Nursing	10
Clinical practice: Learning and Tutoring in Health Care and Nursing	10

Elective extension studies (30 ECTS)

Substance Specific Specialization, Clinical Practice and Project Work (30 ECTS)

Patient Safety - Somatic and Psychiatric Advanced Clinical Care	15
Projects in Working Life	15
Arcada summer school courses	15
Extension studies practical training	15

Degree thesis and methodology (30 ECTS)

Core competence

The student masters the fundamentals of information seeking, can critically assess scientific publications and apply research methods and results to support the caring process. The student can participate in research, development and innovation and write a project or research report. The thesis will show that the student has gained in-depth knowledge in his / her field of education and developed an ability for independent reflection. The student strives for a high level of social and working life in his degree project. The student can write a publication summarizing the development of an independent project. Students with Swedish or Finnish as their mother tongue can express themselves in their mother tongue both verbally and in writing according to statutory requirements.

The module consists of the following courses

Evidence based Care	5
Theory in Science and Research Methods	10
Thesis Work parts I, II and III	15